

Daily Word

A black and white photograph of a person sitting on a bench in a park, looking across a body of water at a city skyline. The scene is framed by the branches of a large tree in the foreground. The person is seen from behind, sitting on a wooden bench. The water is calm, and the city skyline is visible in the distance. The sky is bright, and the overall mood is peaceful and contemplative.

A UNITY PUBLICATION
OCTOBER 1956

Pray with Silent Unity

PEACE . . . Let liberty, justice, righteousness, and peace be established throughout the world, in the name of the Lord Jesus Christ.

PRAYER FOR WORLD LEADERS: Through the Christ Mind you are unified in thought, purpose, and understanding, and inspired to right action for the good of all mankind.

•

PRAYER FOR ILLUMINATION (11 a.m.): I know Thee as the source of my understanding, and I serve Thee with a perfect heart and a willing mind.

•

PRAYER FOR PROSPERITY (12 noon): My understanding of substance opens the door to a continuous inflow of abundance into my mind and affairs.

•

PRAYER FOR HEALING (9 p.m.): My understanding of Truth reveals the reality of health. I am radiant with the understanding that abiding health is my divine inheritance.

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DAILY WORD

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Cover in Color—*Harold M. Lambert*

DAILY LESSONS FOR OCTOBER

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The Longing of Our Souls

A condensation of Chapter XVII of "How to Let God Help You," the new book compiled by Warren Meyer from the writings of Myrtle Fillmore.

WE SEEM to be divided into fractions and sections; we give one part of our minds to one thing and another part of our minds to another. And always within us is a longing for something higher, an unrest, because we are not satisfied with life as it seems to us. The Psalmist conceived the right idea of life in its fullness and completeness when he said, "I shall be satisfied, when I awake, with thy likeness." That likeness now slumbers in us as the seed in the earth; it is the something that is always urging us to better things. It is that within us which wants something more than the outer activities of life. We never shall be satisfied until we find ourselves. It is this restlessness that accounts for all the error we find in the outer.

Our restlessness represents a power that is crying out to be expressed. It may take the form of appetite or of ambition, but rightly directed it

will be a wonderful something within us that will transcend all the desires of the outer senses. When our powers are placed aright, we shall direct our aspirations and ambitions toward God; we shall know that we can be satisfied with nothing that earth can give. Just think what the Christ life will mean to us when we let it take charge of our consciousness.

We do not have to stimulate our senses to bring us anything; it is already ours. So, let us see whether we cannot really find out what our souls are longing for.

The drinker has a great longing to do something. He does not want to follow the common walks of life; he wants to follow the higher ways. Not understanding this urge within himself, he thinks that he can satisfy it with sense, so he takes something stimulating. We are never satisfied through sense; it enslaves us more and more. Aspiration is the soul's trying to find its wings, trying to realize wholeness in Christ. Never, until we find wholeness in Christ, shall we be satisfied.

Those who give way to appetite, who drink liquor, who take drugs, are hungering and thirsting after righteousness. Remember the Jesus Christ words of light and blessing, "Blessed are they that hunger and thirst after righteousness; for they shall be filled." In most cases, an indi-

vidual who drinks too much is an unusual soul, a soul who has developed some of his faculties and powers until he is very sensitive. He longs for the perfect balance to enable him to express rightly these powers that he feels but does not know how to express.

First of all, drop out of your mind the idea that a bad habit is a terrible thing. When you think of it as a terrible and powerful thing, you keep giving it as much or more power than you allow the Christ. The drink-craving habit is not a moral shortcoming; it is a crying out of some of the tissue masses of the body, and an effort of the body to meet the needs of the soul for satisfying mental and physical food.

Sometimes we fail to know the needs of growing children, or of grownups, and these persons go on year after year, failing to meet the demands of the cell tissues. Their bodies are hungry, starved, and often filled with substance they cannot use. Sometimes people grow up with habits of eating certain kinds of foods that are easy to get and taste good but still have not the vital life elements in them that are required by the blood and the nerves. Those who feel free to indulge in some sort of stimulant sometimes become victims of bad habits.

In dealing with these things, we reach the in-

dividual by instructing him as to the Truth of his being. Then we hold him in this consciousness and seek to show him how he has unknowingly made unwise use of his life and the substance which is provided for his nourishment.

A belief in some sort of repression and lack, and the consequent sense of lack of life, cause a soul hungering and also a physical hungering.

The first step in healing another's physical weakness and tendency to drunkenness is to give up all grief and worry, and to withdraw all condemnation and censure. Let the same divine love of God which Jesus described in His story of the prodigal son fill mind and heart and flow out to all concerned. When we love, and pour out the subtle love essence which stirs the heart center, we are moving to action the life energies of Being, and a great law of mind equilibrium is fulfilled. We need to help these children of God to know how to center their love upon Him and His qualities in themselves and those about them. We have not known how to help our children to recognize and unfold the fullness of their God-given resources and faculties and powers. When they come to us they are "bundles" of receptivity and undeveloped faculties and desires; they absorb almost anything we hand out to them—even things we are not aware of impressing them with.

Then we are dismayed when their efforts are unwisely directed.

So, let us go to the Source of all help, all life, all supply, and all opportunity, and build up the consciousness of health and plenty. Instead of struggling in an outer way, let us go within and build a foundation for real success and prosperity and satisfaction.

AN INVITATION FROM SILENT UNITY

Have you ever needed help greatly but did not know where to turn? We extend to you a most loving invitation to call on Silent Unity.

For the past sixty years Silent Unity has been praying and working with people from every walk of life.

We do not believe that anything is impossible or incurable. We keep faith with all who call upon us, for we believe in the power of God and in the power of prayer, and we know that God never fails.

If you need us, feel free to call upon us at any time. We may be reached day or night by telegraph, Unity, WUX, Kansas City, Missouri, by telephone BAaltimore 1-4720, Kansas City, Missouri, or by letter, Silent Unity, Lee's Summit, Missouri.

You Are Strong

MARY L. KUPFERLE

THE SPIRIT of God in you is mightier than conditions or circumstances. The Spirit of God in you is the source of your strength.

The Spirit of God in you is the strength of your mind and heart. The Spirit of God in you is the strength of your body. The Spirit of God in you is the strength of your feelings and emotions.

Remind yourself often of this spiritual strength. If you feel incapable of accomplishing some task say to yourself, "The Spirit of God in me is strong. The Spirit of God in me is capable." As you do this you will feel inner strength rise within you, you will feel new physical stamina and new conviction as regards your abilities and talents.

If you feel emotionally upset, tense, unable to cope with some situation, repeat in the firmness of faith, "The Spirit of God in me is stronger than this appearance. The Spirit of God in me is strong." After repeating these words several times, relax and let them carry the divine message to every nerve center and lift you into a new feeling of inner stability, quietness, and peace. If you are overwhelmed by the weight of financial respon-

sibilities or personal burdens, affirm, "The Spirit of God in me is strong, mighty to accomplish and succeed." The Spirit of God in you is the strength that backs your every effort. The Spirit of God in you is the strength that gives impetus to every move and decision. The Spirit of God in you is the strength that renews your confidence, promotes your success, and prospers your every endeavor.

Relax and meditate quietly on the words, "The Spirit of God in me is strong." As you do this you will gain a new stronghold in consciousness that will weather any storm, that will enable you to stand calm before any crisis, that will enable you to survive all onslaughts of fear, doubt, or criticism. To know that the Spirit of God in you is strong will hold you steady, safe, secure, and will bring you into a new awareness of happiness.

The Spirit of God in you is stronger than appearances. The Spirit of God in you is stronger than anything that may tempt or try you. The Spirit of God in you is mightier and greater than any circumstance. The Spirit of God in you is your power, your enduring strength, and your present salvation.

The Spirit of God in you is your strong tower and your defense in the midst of trial. The Spirit of God in you is your strong shield and protection.

The Spirit of God in you is your strong foundation on which you may stand and declare the Truth of your being. The Spirit of God in you is the mighty and invincible self of you.

The wonderful Spirit of God that upholds the planets as they spin through space upholds you, your life, and your world. The Spirit of God, mighty enough to move the tides in rhythmic, eternal order sustains your orderly spiritual progress and development. The Spirit of God moves through you to set aright all conditions and situations in your mind, body, and affairs.

The Spirit of God in you is all the strength you can desire. The Spirit of God in you is all the power you can ever need. The Spirit of God in you is all the might you can summon. He is very nigh unto you, even within you, within your mind and heart, within the cells of your body.

Declare now, this day, "The Spirit of God in me is strong." The Spirit of God in you is strong enough to lift up, to bind, to bless, and to heal. The Spirit of God in you is strong enough to be forgiving, to be patient, to be tolerant, and to be loving.

The Spirit of God in you is stronger than you have imagined, stronger than you have hoped or dreamed. The Spirit of God in you is stronger than any human limitation.



We in Silent Unity wish to thank all of you, our readers, for the letters you write us, for your words of blessing and appreciation. We wish to thank you, too, for the way in which you live with and use DAILY WORD and for the ways in which you pass it and the Unity teaching along to others.

From Illinois:

An odd thing happened to me this winter. I have been reading DAILY WORD for some time but never took the physical healing part of it seriously at all. I thought that was all right for people who believed in it, but I did not. Also, I had run across the sentence in DAILY WORD "Let go and let God," but it had never meant anything to me.

This is the odd thing. I was very ill this winter and seemed unable for a long time to regain my strength and return to work. I was terribly depressed and discouraged. One night when I was far too worried and upset to sleep, I happened to remember some of the things DAILY WORD had

said on the subject of healing. At the same moment the sentence "Let go and let God," came into my mind with such tremendous force that I could not help trying to do just that. That moment, and that effort on my part, marked the beginning of my complete return to health—in fact, better health than I had had before I became seriously ill. Strange how God used two things in DAILY WORD that I had rejected in my conscious mind to help me when I needed help so greatly. Isn't there something in the Bible about "the stone which the builders rejected is become the head of the corner"?

From California:

I am a daily reader of DAILY WORD and without it I think I would have been lost long ago. It is helping me to overcome an inferiority complex that I've had since early childhood, and as a result of the complex I became an alcoholic. Now whenever I think of taking a drink, I think of some of the daily lessons I've read and just walk on past the taverns.

I had also wanted to go to California for the past two years but was afraid to give up my job and make a change. Then one day, I read about meeting new changes and challenges, so here I am.

Monday

OCTOBER 1

GOD'S PERFECT LOVE IN THE MIDST OF ME
CASTS OUT ALL FEAR.

“**P**ERFECT love casteth out fear.” If I am tempted to be afraid of anything, any situation, or any person I will say these words over and over to myself. I will think about them, I will try to get a clear realization of what perfect love means.

I have the perfect love in my heart that casts out fear, for I have God's love within me. I will let this love flow through me—through my mind, through my emotions. I will feel its blessing, its healing presence, its tranquilizing power, its comforting assurance. I have no fear, for I have the perfect love that casts out fear.

There is no fear in me of other persons, for the perfect love of God is in others too, and this perfect love establishes a bond between us. There is no fear in love. I am one in God's love with all His children everywhere.

There is no fear in me of any situation or circumstance, for I have the perfect love of God in me that casts out fear.

♣ *There is no fear in love: but perfect love casteth out fear.—I JOHN 4:18.*

OCTOBER 2

Tuesday

ALL THINGS ARE WORKING TOGETHER FOR MY GOOD, AND I AM WORKING WITH THEM IN THE WISDOM AND THE POWER OF SPIRIT.

SOMETIMES we get impatient when things do not go just as we want them to, or when there are delays or changes in our plans. It helps at such times to remind ourselves that all things are working together for our good and to reaffirm our willingness to work with God and with the situations in our lives in the wisdom and the power of Spirit.

All of us can look back on our lives and remember some experience that seemed difficult to meet at the time but which proved to be a real blessing and source of good to us. We cannot always see why things work out as they do. We cannot always see when we are in the midst of a situation, how it can possibly be for our good, but we can insure its ultimate good effect in our lives, we can insure good results through our right attitudes. We attract happy experiences to ourselves through our happy attitudes, through our persistent belief in God's good.

♣ *To them that love God all things work together for good.*—ROM. 8:28.

OCTOBER 4

Thursday

Wednesday

OCTOBER 3

I HAVE FAITH THAT THE POWER OF THE LORD
IS PRESENT TO HEAL.

IN PRAYING for the healing of another we need first of all to become still ourselves and center our thoughts and our faith in God. This helps us to free our minds from anxiety concerning the one for whom we are praying. This helps us to be a good channel through which God's healing power can flow.

As we say to our thoughts and feelings "Be still, and know that I am God," we come into that calm, quiet atmosphere of Spirit wherein power is generated. From this spiritual atmosphere we can speak the word of healing for another, and our word will be filled with power. It will go forth to heal and to bless.

Let us see those for whom we pray as filled with the life of God. Let us see them as open and receptive to the life-giving presence of God in the midst of them.

Let us bless those for whom we pray in the faith that healing is God's will for them; that even as we pray, renewal and restoration are taking place.

♣ *The power of the Lord was with him to heal.*—LUKE 5:17.

Friday

OCTOBER 5

OCTOBER 4

Thursday

GOD IS BLESSING THIS HOUSEHOLD.

MYRTLE Fillmore in *How to Let God Help You* says, "In every home a certain amount of force is employed, sufficient to set and keep the household in harmony; it is able to bring into the home the things necessary for the welfare of each member of the family. The union of harmony with supply insures the ideal condition.

"We must learn to use aright the power that brings what we want. Temper is power going in the wrong direction; worry and fret are exhausting misuse of the energy that should be applied to household duties. All friction in the home results from using the forces of the home along wrong lines. . . .

"One in a household can inaugurate all good, just by beginning and keeping it up. Pour in the oil of joy and the strength of wisdom. Utilize the blessings. Keep asking for wisdom and go on exercising what you have. . . . Everything will fall into line, because right is the power that adjusts all forces. . . . One joyful presence in a home will drive out every grumble."

♣ *Peace be within thy walls.*—PSALMS 122:7.

OCTOBER 6

Saturday

Friday

OCTOBER 5

GREATER IS HE THAT IS IN ME THAN HE THAT
IS IN THE WORLD.

NO CIRCUMSTANCE or situation has power to distress or defeat me, for I am strong in the Lord and in the power of His might.

I remember that whatever I do, wherever I go, God is with me—my help, my guide, my strong stay and support. Through His Spirit in me I have the strength, the wisdom, and the vision to go forward into successful, happy living.

I place myself and all my affairs in the care and keeping of the indwelling presence and power. I pray "O loving Presence, be Thou my light. Reveal to me ways where I see no ways. Make paths before me in the wilderness of thought and emotion, and show me clearly and unquestionably what I am to do and how I am to do it."

I give thanks for the Spirit in me that is never defeated, that never despairs. I give thanks for the Spirit in me that is harmonious in the presence of inharmony; calm in the midst of confusion; faithful in spite of questioning and doubt.

♣ *Greater is he that is within you than he that is in the world.*—I JOHN 4:4.

OCTOBER 6

Saturday

THE FORGIVING LOVE OF CHRIST NOW SETS
ME FREE.

I PLACE every mistake I have ever made in the forgiving spirit of Christ within me, and I know that His love is now dissolving both the cause and the effect.

There is no condemnation on the part of the Christ toward me. His forgiving love is constantly shining upon me from the center of my being. No matter how involved or far-reaching the effects of my mistakes have been, the moment I turn to Him and ask His help, His infinite spirit of compassion moves swiftly into my consciousness and my world, setting all things in order.

I stop condemning myself or thinking of myself as a miserable sinner whose errors have shut me off from divine favor. I lift up my eyes to the Christ within who says, "Neither do I condemn thee: go, and sin no more."

I face the future free and unafraid. My heart and mind are filled with peace and light, for the forgiving love of Christ has set me free.

♣ *Come now, and let us reason together, saith Jehovah: though your sins be as scarlet, they shall be as white as snow.*—ISA. 1:18.

Sunday

OCTOBER 7

I AM AWARE THAT IN EVERYTHING I THINK, SAY, OR DO GOD'S PERFECT ACTION IS AT WORK.

GOD'S Spirit is in my every breath and heart-beat. He is "nearer than hands and feet." My awareness of the closeness of His Spirit brings a happiness that cannot be experienced in any other way.

I open my mind to illumination so that I may better understand and work with God's perfect action in me and in my life. As I seek His presence He reveals Himself to me, and I learn how to bring forth in my life more of His good and wonderful gifts.

The gift of love, the gift of wisdom, the gift of power, the gift of health, and the gift of happiness are mine when I learn how to become a willing and loving channel.

I am aware that in everything I think, say, or do, God's perfect action is at work in and through me.

God fulfills. I accept His blessings now.

♣ *Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love him.—I COR. 2:9 (A. V.).*

OCTOBER 8

Monday

FATHER GOD, I PRAISE AND GIVE THANKS
FOR YOUR GIFTS TO ME.

O GOD, author of my being, I raise my song
of praise and thanksgiving for the gifts
You have showered upon me.

I thank You for this friendly, amazing, glorious
world in which I live.

I thank You for the stories of wisdom, power,
and life that You have written into every leaf of
grass, every tree, every raindrop, every ray of sun-
shine.

I thank You for the mind that You have given
me so that I might see, hear, explore, and under-
stand the mysteries which surround me.

I thank You for the symphonies of love, music,
and joy that You have implanted in every bird
and flower, in every man, woman, and child in
this universe.

I thank You for the heart that You have given
me so that I might feel, appreciate, and rejoice in
the beauties which infold me.

Father God, I praise and give thanks for Your
infinite Spirit of love, wisdom, and life within me.

♣ *Now therefore, our God, we thank thee, and praise
thy glorious name.*—I CHRON. 29:13.

Tuesday

OCTOBER 9

I WELCOME CHANGING CIRCUMSTANCES, FOR I KNOW THAT CHANGE IS NECESSARY TO MY GROWTH AND SPIRITUAL UNFOLDMENT.

WHEN we think about it, most of us realize that change is fundamental to our growth and spiritual unfoldment. However, when our present circumstances seem satisfying to us, the prospect of living under a new set of conditions may find us apprehensive and resistive to change.

We can rise to the challenge of new experiences by affirming that God has not given us a spirit of fear, but a spirit of faith and courage, a spirit that is wonderfully flexible and adaptable, a spirit that is resourceful and all-conquering.

Wherever we may be, wherever we may go, God's loving, guiding Spirit in us opens the way for us to use our talents and abilities profitably; thus enabling us to find new satisfaction and joy.

Let us welcome change as an opportunity to grow into a greater awareness of God's loving, fulfilling Spirit in us.

*Whither shall I go from thy Spirit?
Or whither shall I flee from thy presence?*
—PSALMS 139:7.

OCTOBER 10

Wednesday

THE LIFE OF GOD IS STRONG IN ME.

YOU CAME forth from God. His life is strong in you. Think about this; enter into the healing current of life that forever flows freely in and through you.

Bless your body with the realization that it is filled through and through with the life of God. Know that there is no condition that cannot be healed, for God-life is at the heart of every cell.

Rejoice in the faith that with God all things are possible. Remind yourself again and again that healing is always possible; that in God's sight there is nothing incurable.

Affirm with faith: "The life of God is strong in me." As you make this affirmation of Truth for yourself, you will feel a response in your body, you will feel new strength and new power, you will feel new life surging through you.

It does not matter what the appearances may be, the life of God is strong in you. You can call this life idea forth by affirming it, by thinking of yourself as well, whole, and strong in every part of your body temple.

♣ *They that wait for Jehovah shall renew their strength.*
—ISA. 40:31.

Thursday

OCTOBER 11

THROUGH THE POWER OF CHRIST WITHIN, I
HAVE FAITH IN MYSELF AND CONFIDENCE
IN MY ABILITY TO DO ALL THINGS.

IF WE are to succeed in a given goal we must have faith in ourselves and confidence in our ability to do that which is before us. Faith and confidence come through our recognition of the Christ presence and power within, through which we can do all things.

When we acknowledge the Christ power within and know the limitlessness of this power, all things are possible to us. As we seek, through prayer, to use the Christ power in wise, loving, and constructive ways, the problems that have seemed as great as mountains and the obstacles that have stood in our way will dissolve and disappear. Challenges to our faith will not daunt us or cause us to give up when we hold fast to the realization that His presence and power are within us. With His help we can do all things.

The Christ presence and power are within us, renewing us in faith and filling us with strength and confidence.

♣ *I can do all things in him that strengtheneth me.*
—PHIL. 4:13.

Friday

I TUNE IN TO THE PRESENCE OF GOD WHERE ALL IS PEACEFUL, AND I RESPOND TO EVERYTHING IN MY LIFE IN A PEACEFUL WAY.

PEACE is a highway of the heart down which the good things of life come running on eager feet. I would be there to meet the good I have called into being through my prayers.

I know the importance of peace. I know that peace is the beginning of all the good that can be accomplished. A peaceful spirit brings good will to every situation, no matter how difficult it may appear.

A mind at peace is an orderly mind, a mind that thinks clearly, that works easily and efficiently. A mind at peace is ready for the leadings that Spirit is always ready to give.

A heart at peace is willing to overlook slights and injustices, and to respond in a friendly way to everyone. A heart at peace cannot be disturbed by unkind remarks, unpleasant tones of voice, criticism or irritability of others, but shares peace with all who will accept.

I have a peaceful spirit, mind, and heart.

♣ *For he is our peace, who made both one, and brake down the middle wall of partition.—EPH. 2:14.*



Geese
How
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Then
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Is G
Shall
-D.



Geese look ungainly on the ground;
How awkwardly they waddle round!
But I have caught my breath to see
Them swoop and bank and soar, as free
As if they were enfeathered light
Or wind, embodied grace in flight.
How often when I look at me,
Ungainliness is all I see,
And yet I think, there is much more—
Somehow I sense a power to soar!
Spirit am I and I was meant
For flight. My native element
Is God, and trusting in Him I
Shall one day find the wings to fly.

—D. J. MANN



Saturday

OCTOBER 13

"LET JUSTICE ROLL DOWN AS WATERS, AND
RIGHTEOUSNESS AS A MIGHTY STREAM."

I PUT myself on the side of justice by thinking about God's goodness, by beholding His presence and power in all persons, by believing in the unfailing law of justice. I have faith in God to establish that which is right and for the highest good and blessing of all His children.

If there is anything in my life that has seemed unjust, if there is any person who has not seemed to be considerate or kind toward me, if there is any situation that seems intolerable, I now pour out my blessings. I "let justice roll down as waters."

I refuse to let my mind dwell on thoughts of injustice. I refuse to have feelings of self-pity. I refuse to entertain the thought that I am unfairly treated, that I am misunderstood, or that I am being taken advantage of.

I take my stand for justice. I remind myself again and again that I am God's child, that He loves me, that His Spirit abides in me. I know that nothing can keep my good from me.

♣ *Let justice roll down as waters, and righteousness as a mighty stream.—AMOS 5:24.*

I REJOICE AND AM HAPPY.

I REJOICE and am happy—not just in times of triumph or victory, but in the little, everyday experiences of life. I meet with a cheerful attitude of mind and heart the small problems, the challenges, and the opportunities that I find in my work, in my home, in my contacts with friends and strangers in my daily living.

I rejoice and am happy.

I know that the source of rejoicing and happiness is not in outer things, in favorable circumstances, in pleasant situations, but rather in God's spirit of joy which is within me. I bring God's spirit of joy into every situation in my life. I let the joy that flows from God's Spirit within me transform every activity in which I am engaged. I fill my world with brightness, cheerfulness, happy words, joyous actions, and good humor. I smile easily, I laugh sincerely, I speak and act cheerfully. I give thanks that God's spirit of joy is the real and unchanging source of my strength and happiness.

I rejoice and am happy.

♦ *This day is holy unto our Lord; neither be ye grieved; for the joy of Jehovah is your strength.*—NEH. 8:10.

Monday

OCTOBER 15

EVERY PRAYER I PRAY IS BEARING FRUIT.

NO PRAYER I utter is in vain. Every prayer I pray serves to draw the deep desires of my soul a little closer to manifestation. Even as the rays of the sun reach beneath the soil to radiate nourishment to the seed, so does every prayer I contemplate or speak activate the divine potential within me and cause it to unfold that much more toward expression.

Even though the good for which I pray is not yet visible, I am not discouraged. I know that the orderly unfoldment of divine ideas is always from within out, and that even now the inner foundation and framework of my heart's desires are being established.

With each new prayer the perfection in me is drawn closer to manifestation, so I am joyously patient and untiringly expectant.

Every prayer I pray is bearing fruit.

♣ *And he said, So is the kingdom of God, as if a man should cast seed upon the earth; and should sleep and rise night and day, and the seed should spring up and grow, he knoweth not how. The earth beareth fruit of herself; first the blade, then the ear, then the full grain in the ear.—MARK 4:26-28.*

OCTOBER 16

Tuesday

I BRING A BLESSING TO EVERY SITUATION,
AND I LEAVE EVERY SITUATION MORE BEAU-
TIFUL THAN WHEN I MET IT.

GOD placed me where I find myself in order that I might "brighten the corner" where I am; in order that I might add a touch of beauty to my surroundings. To lend a little beauty to everything I touch is part of my mission. To leave everything more lovely than I met it is part of my reason for being on this earth.

So each new day I pray, "Father, let me be a channel through which a little more of Your beauty shines forth. In every conversation let me speak at least one beautiful thought that will bless the bearer. In all my dealings with others let me do whatever has to be done in the most gracious manner possible.

"Where there is discord, let me bring harmony; where there is fear, let me inspire courage; where there is loneliness, let me bring love.

"Wherever I may be let me leave the healing blessing of Your presence."

♣ *Thou shalt also be a crown of beauty in the hand of Jehovah, and a royal diadem in the hand of thy God.*
—ISA. 62:3.

Wednesday

OCTOBER 17

"WHERE TWO OR THREE ARE GATHERED TOGETHER IN MY NAME, THERE AM I IN THE MIDST OF THEM."

YOUR friends in Silent Unity are praying with you. As we prepare the lessons we think of you, we bless you, we pray that every word in DAILY WORD will be filled with meaning and power for you.

Wherever you are, whatever the duties before you this day, whatever it is that you long to accomplish, the blessings of Silent Unity are with you, the faith of Silent Unity is with you. We are giving thanks as we write these words that all our DAILY WORD readers are filled with a new awareness of the presence and power of God mighty in the midst of them. We see you filled with new life; we see you strong and healthy, vital and whole. We see you filled with a new spirit of joy and understanding; we see you filled with confidence; we see you free and unafraid. We see you going forward in faith; we see you meeting victoriously all the issues of your life.

Our special blessings are with you today. We are your friends. We have faith in you.

♣ *I have called you friends.*—JOHN 15:15.

OCTOBER 18

Thursday

"LORD, IN THE QUIET OF THIS MORNING
HOUR I COME TO THEE FOR PEACE, FOR WIS-
DOM, POWER."

*Today think about these words of the
"Morning Prayer" by Ella Syfers Schenck,
and make this prayer your own:*

"Lord, in the quiet of this morning hour
I come to Thee for peace, for wisdom, power
To view the world today through love-filled eyes;
Be patient, understanding, gentle, wise.
To see beyond what seems to be, and know
Thy children as Thou knowest them; and so
Naught but the good in anyone behold.
Make deaf my ears to slander that is told;
Silence my tongue to aught that is unkind;
Let only thoughts that bless dwell in my mind.
Let me so kindly be, so full of cheer;
That all I meet may feel Thy presence near.
O clothe me in Thy beauty, this I pray,
Let me reveal Thee, Lord, through all the day."

*O Jehovah, in the morning shalt thou hear my voice;
In the morning will I order my prayer unto thee, and
will keep watch.*

—PSALMS 5:3.

I AM LEARNING HOW TO USE THE WONDERFUL POWERS WITHIN ME.

WITHIN THE depths of my being lie untold powers of courage, strength, will, imagination, thought, prayer, wisdom, faith, love, and life. Through the Spirit of God within me I have the powers that enable me to transform my body and my world. Today I will turn in prayer to my Creator who gave me these spiritual powers, so that He may teach me how to use them.

Father-God, I am teachable. In an attitude of thanksgiving and expectancy I open my mind and heart to Your inspiration and guidance. I am eager to learn, and in the quiet of our deep communion Your Spirit within reveals the wonderful powers within me. You are teaching me how to understand and to use these great powers You have implanted in my very being. You are revealing to me the purpose for which You created me, the purpose for which You gave me the powers that are mine. I am learning how to fulfill this purpose now.

✦ *But seek ye first his kingdom, and his righteousness.*
—MATT. 6:33.

OCTOBER 20

Saturday

I GIVE THANKS FOR THE GOOD THAT IS NOW
ON ITS WAY TO ME.

I GREET this new day in the faith that it contains many blessings for me. The good that God has in store for me this day cannot escape me. No blessing can pass me by, for I am receptive to my good.

I rejoice in the realization that I am freed from old limiting beliefs. The door to my good stands open before me, and I am ready to accept every good that comes my way, to draw unto myself the blessings that the Father has for me.

In this glorious new day I realize that any failures of the past belong to the past. They have no power to mar this present time. My success is in the now, this new day, where I have the opportunity to begin life anew. I think of myself as always going forward. I rejoice that this new day brings me nearer my goal. Nothing can defeat me, for the Father has given me the capacity to progress and succeed. I give thanks for the good that is now on its way to me. I go forward in faith and claim my good.

♣ *And ye shall rejoice in all that ye put your hand unto.*
—DEUT. 12:7.

Sunday

OCTOBER 21

GOD HEALS MY HEART OF LONELINESS AND
FULFILLS MY EVERY NEED.

GOD's loving presence is with me to heal my heart of loneliness. I feel the strength of His presence; I am held in His loving care. I look only to Him for comfort, peace, and renewal.

Peace and contentment flow into my mind and heart, and I rest in the knowledge that God loves me, approves of me, and is constantly with me.

I have faith in God's all-providing goodness. I will not let my faith be diverted by clinging to the past, neither will I try to direct the way by which my good is to come to me. I keep my vision clear and bright.

I place myself in God's care. I trust in Him implicitly to open the way to new happiness and joy. I give thanks that the door to my good is open now.

God heals my heart of loneliness and fulfills my every need.

♣ *For thus saith Jehovah, Behold I will extend peace . . . like a river . . . As one whom his mother comforteth, so will I comfort you; and ye shall be comforted . . . and your heart shall rejoice.—ISA. 66:12-14.*

Monday

THROUGH MY WORD OF BLESSING I RELEASE
THE SUPERABUNDANCE OF SPIRIT SUBSTANCE.

TODAY, think about these ideas from the writings of Charles Fillmore:

"Jesus was rich toward God in that he knew how to release the creative substance implanted in Him from the beginning. This same substance is within every one of us. When released, it makes contact with the universal substance, and invisible currents of supply begin to carry their riches to us. It is not necessary that we understand scientifically all the activities of the pent-up substance in our mind and body.

"A simple word of blessing poured out upon that which we have or that which we can conceive as possible for us as sons of the all-providing God will at least begin to release the superabundance of Spirit substance.

"Jesus warned us not to be anxious about temporal needs but to pray, believing, and to bless and give thanks; then right in the face of the seeming insufficiency we should be enabled to demonstrate plenty."

♣ *Be not anxious . . . what ye shall eat, or what ye shall drink.*—MATT. 6:25.

Tuesday

OCTOBER 23

I BEHOLD THE PERFECT CHRIST SELF OF ALL PERSONS.

THE GREATEST blessing I can give to another person is to have faith in the Spirit in him. The greatest help I can give him is to behold the perfect Christ self in him.

As I think about my dear ones and friends, as I think about those who seem to be in need of some particular help—healing, guidance, prosperity, harmony—I affirm for them: “You are a spiritual being, you have within you the perfect presence of the Christ. I see you blessed now in every needed way. I see you filled with the life of Christ, the light of Christ, the love of Christ, the substance of Christ, the peace of Christ.”

As I bless those for whom I pray in the realization of their Christ perfection, I am able to let go of anxiety concerning them, and I am able to let go of any possessive attitude of mind. I realize that I do not have to work out another’s problems nor am I responsible for his well-being or welfare. I rejoice that Christ in the midst of those for whom I pray is the answer.

✦ *I will pray with the spirit, and I will pray with the understanding also.—I COR. 14:15.*

OCTOBER 24

Wednesday

I AM ORDERLY IN MY THINKING, AND A SPIRIT OF ORDER IS MAINTAINED IN MY LIFE AND AFFAIRS.

IT is said that "order is heaven's first law." If our lives lack order and harmony, we need to entertain orderly thoughts. If this seems difficult to do, we can remember that God gave us authority to choose the direction that our thoughts take. We can ask for His help in thinking peaceful, happy, loving thoughts. As we affirm divine order and harmony in our minds, we shall witness a decided improvement in our thinking.

If our bodies seem to lack vitality and strength, we need not become fearful. Instead, we can pray with faith and know that divine order and harmony are the rule in our bodies. Soon the natural health of Spirit will prevail.

Through right thinking we put first things first. We maintain a spirit of order in our lives and affairs. We are divinely led to take the right steps at the right time. All that concerns us is in divine order, and we rejoice.

*And to him that ordereth his way aright
Will I show the salvation of God.*

—PSALMS 50:23.

Thursday

OCTOBER 25

GOD IS MY GUIDE. I ENTRUST THE ENTIRE ADMINISTRATION OF MY AFFAIRS TO HIM.

I TURN to God in quiet meditation and prayer before I begin my day. What I do and think are of first importance to the final outcome of good that I want to bring forth in my affairs.

In prayer, I let go of any anxious thoughts or worry about details and entrust the entire administration of my affairs to God. I give thanks that His wisdom moves and directs all that concerns me.

God guides me in all that I do and say. He guides me in my thoughts of others, and through Him I give them a blessing.

Everything works together in perfect order and harmony when I trust God to take care of me and all that concerns me.

I think about my life and affairs with a peaceful and thankful heart. I know that because I have entrusted the entire administration of my affairs to Him only good and happy results can be forthcoming.

*Commit thy way unto Jehovah;
Trust also in him, and he will bring it to pass.*
—PSALMS 37:5.

OCTOBER 26

Friday

LOVING FATHER, I WILL BE VERY KIND
WITH THE COMPASSIONATE KINDNESS OF
CHRIST.

LOVING Father, I will be kind today. I will be kind in all I say. If it seems necessary for me to speak words of firmness, I will let kindness soften the sharp edges of the words that they may not wound the one to whom they are spoken. If it seems kinder in Thy sight to say nothing, then Father, in spite of myself, I will not speak; I will put a seal upon my lips until only love will prompt my words. If I can drop some word of appreciation into a weary heart, then I will speak that word.

Father, I will be kind in all I do. I will deal with others in that gentle Christ way that never is at another's expense.

I will apply the Golden Rule and do to others only those things I would like to have done to me, and in the way that I would like to have them done to me.

O Father, more kindness is my prayer!

♣ *Be ye kind one to another, tenderhearted, forgiving each other . . . Be ye therefore imitators of God, as beloved children; and walk in love.*—EPH. 4:32, 5:1, 2.

Saturday

OCTOBER 27

A NEW SPIRIT REIGNS IN MY MIND AND AFFAIRS.

IF WE feel lonely and rejected, if we seem to lack courage and a sense of the worthwhileness of living, we need not succumb to lethargy and despair. Feelings that make us unhappy may come, but they need not stay with us. We may have depressing experiences, but we need not be depressed persons.

How peace-giving and strengthening it is to realize that regardless of the circumstances, regardless of our feelings about ourselves and life, we can re-enter the mainstream of life by yielding our hearts and minds to God in prayer.

Prayer brings us into an acceptance of ourselves as beloved children of God. In the silence of prayer let us meditate on the truth that we are beloved of God, that we are one with His Spirit. We shall have new confidence and courage with which to meet whatever lies before us. We shall be shown what we have to contribute to life and to the lives of those around us. As we act on the inspiration and direction we receive in prayer, we shall find new happiness in life.

♣ *Be renewed in the spirit of your mind.*—EPH. 4:23.

OCTOBER 28

Sunday

THE LIGHT OF SPIRIT SHINES ON MY PATH,
AND MY WAY IS MADE SERENE, JOYOUS,
BRIGHT, AND SURE.

DO YOU sometimes feel disturbed or confused about conditions in your life? Then turn to the place of quietness within. Realize that Christ in you is equal to any challenge confronting you.

External conditions have no power over you when you know that God is with you, that through Him you are serene, confident, and perfectly poised.

Moment by moment keep your thinking centered in Truth. Acknowledge your innate supremacy over things of the external world. Know that God is always with you, strengthening you, and giving you wisdom and power. Rejoice that God is good, that God is love, and that God is all. There are no obstacles in the path to your highest good. Firmly established in the presence and power of God, you walk in paths of peace, and your way is made serene, joyous, bright, and sure.

*Teach me thy way, O Jehovah;
I will walk in thy truth.*

—PSALMS 86:11.

Monday

OCTOBER 29

I REJOICE THAT I AM ON THE ONWARD AND
UPWARD PATH.

ALL persons long to improve, to progress, and to grow. It is deeply satisfying to feel that day by day we are growing in wisdom and understanding, that we are becoming more loving, positive, forgiving persons, that we are meeting our problems with faith and courage and resolving them quickly and easily.

However, when we measure the person we are against the person we can be, when we measure what we have accomplished against what it is possible to accomplish, we may become discouraged with our growth and progress.

Rather than upbraid ourselves for our failings and shortcomings, let us turn to God in prayer and ask Him to strengthen us, to illumine us, to help us overcome our limitations and every tendency that is keeping us from radiating and expressing our spiritual nature.

How wonderful it is to realize that God's plan for us is growth into the Christ perfection! How strengthening it is to realize that we are on the onward and upward path!

♣ *For we are God's fellow-workers.*—I COR. 3:9.

Tuesday

WE ELECT TO SERVE THE CAUSE OF GOOD. WE GIVE THANKS THAT RIGHT LEADERS ARE CHOSEN FOR EVERY OFFICE IN THIS LAND.

IN THE coming election all of us can serve our country by praying for wisdom and guidance as we cast our vote. Let us remember that there is but one presence and one power in this nation, there is but one head of our government, God, the good omnipotent. When we elect to serve the cause of good, the cause of God, we contribute to the peace, harmony, and right out-working of our nation's affairs.

We shall not feel disturbed or distressed about governmental affairs or about campaign issues as we keep our minds and hearts centered in the real issue—the bringing forth of that which is for the highest good of this country and of the world.

Let us give thanks that God is working through this country and through the leaders in this country's affairs. Let us give thanks that the wisdom and insight of Spirit are revealing to the people of our nation how to act, how to vote, how to do their part in insuring right, wise, and good leadership.

♣ *But ye are an elect race.*—I PETER 2:9.

Wednesday

OCTOBER 31

TODAY I AM A NEW CREATURE IN CHRIST,
ALL-POWERFUL, ALL-ACCOMPLISHING, ALL-
WISE.

THE DAUNTLESS, all-powerful, all-accomplishing Spirit of Christ is in me. The wise, loving, transforming Spirit of Christ is in me. Christ in utmost perfection dwells in me now. All that I long to accomplish, I can accomplish through Christ. The free, joyous, loving, radiantly alive person I long to be, I can be through Christ.

Today I rise out of the belief that I am inadequate and limited. I rise out of feelings of doubt, discouragement, and listlessness. I rise to the consciousness that through Christ in me I can make my life meaningful, purposeful, and rich in achievement. I can be a new creature, inspired and inspiring. Through Christ my life can be filled to overflowing with beauty, joy, and perfection.

I go forth with new faith and new vision. I go forth affirming the Christ light in my mind, the Christ life in my body, the Christ riches in my affairs. Invested with mastery and authority through Christ, I go forth to claim by divine inheritance.

♣ *Wherefore if any man is in Christ, he is a new creature.*—II COR. 5:17.

Help Us by Renewing Early

During the busy Christmas season an unusually large number of subscriptions for the various Unity periodicals will be renewed. At the same time we also gratefully handle a large number of Christmas orders for books and other literature. Will you help us? Will you send in your advance renewal order now, if your subscription expires at any time in the next few months, so that we can handle it before the rush season? Your renewing now will be appreciated and will enable us to make some other person happy on Christmas morning with a Unity publication. Thank you.

A New Feature in *You*

The editors of *You* (Unity's magazine for teenagers) take pride in announcing that a new regular feature has been added to *You* magazine this month. This new monthly department is entitled "Foundation Stones," and is made up of excerpts from the writings of Lowell Fillmore, the president of Unity School of Christianity and the eldest son of Unity's founders. This feature provides young people with the right foundation of true ideas and worth-while ideals with which to build happy, successful lives. *You* is \$1 a year.

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

MAN WITH A SILVER TRUMPET

"'Amuse me! Inspire me! Give me courage! Help me to find health, success, contentment!' cries the man in the street, the man at the desk, the man at the machine.'"

Ruth Barrick Golden tells the story of a man who has dedicated his life to filling these universal needs by taking up the silver trumpet of the written word, in her article "Man with a Silver Trumpet," in the October issue of *Good Business*. The "Man with a Silver Trumpet" is Wilferd A. Peterson, who writes and edits many inspirational business magazines.

"For twenty-eight years," she writes, "through the medium of his business magazines, his book, and lectures, Wilferd Peterson has served his avowed mission in life: 'to pass along inspiring thoughts—to try to give men a mental lift.'"

This fascinating article is typical of the up-to-date inspirational news of the business world that *Good Business* contains in its articles and many special features. Why not let *Good Business* help you put the dynamic principles of Truth into practice, and lead you forward to a life of success, harmony, and happiness? It is priced at only \$1 a year.



UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

THE PRESENCE OF GOD

Announcing

A UNITY BOOK FOR TEEN-AGERS

Since James E. Sweaney's helpful articles "Practical Christianity for You" began in *You* magazine some two years ago, Unity has had many requests for a book of them. Both teen-agers and parents have found the material helpful. One girl wrote:

"I hope you will publish 'Practical Christianity for You' in book form. I would treasure such a volume. Rarely have I read such an interesting and clearly stated series of articles on making Christianity work for us, explaining and showing how practical it can be in our lives."

Unity is happy to announce, in response to these requests, that the book *Practical Christianity for You* is now ready.

Practical Christianity for You discusses the place of religion in life, our relation to God, true love, living harmoniously, how to meet temptation, and other vital topics to help teen-agers in their daily lives. This new book is \$1 a copy, from your local Unity center or direct from:



UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

Now

A BOOK BY DOCTOR DALE

THE PRESENCE OF GOD

"Every time I use a Prosperity Bank," writes a friend, "I feel the presence of God permeating into all my affairs."

Worry, sickness, and want fade away when you let the Prosperity Bank plan help you establish harmony in your life. As you faithfully follow the daily prayer drill, you, too, will feel the presence of God at work in your affairs.

Gift subscriptions to DAILY WORD that will begin at once may be purchased with the money you save for seven weeks in your Bank. Order your Bank today by mailing the coupon below to:

Unity School of Christianity, Lee's Summit, Mo.

Here is my order for three DAILY WORD gift subscriptions and a Bank in which to save the \$3 cost of these subscriptions.

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New—A BOOK BY DOCTOR DALE

Thousands of persons who have attended Unity Training School have become acquainted with Doctor G. LeRoy Dale and have felt the powerful Truth consciousness he radiates. Many have asked for a book of his vital Truth sayings.

Unity is pleased to announce the new book *Special Methods for Attaining Spiritual Mastery*, in which he sets forth the cream of the Truth knowledge he has gained from many years of teaching experience.

This new Unity book comprises over fifteen "how to" chapters, more than ten question-and-answer chapters, and several general teaching chapters including powerful affirmations, songs, and relaxation exercises (for which Doctor Dale is so well known). Its special flexible cover is an added feature that you will like because of the convenience in handling.

Special Methods for Attaining Spiritual Mastery is typically Unity and offers clear, practical teaching toward better spiritual living. Every Unity student will find it a valuable companion in his daily life. Doctor Dale's new book is \$1 a copy.



UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

There Is a City

JAMES DILLET FREEMAN

There is a city on a hill,
I see it as if far away;
I have not come there, but I will,
For I have sought it night and day.

A city no more built by hands
Than heaven's stars or meadow flowers
Or human dreams, and yet it stands
Vaulting, like banners its bright towers.

Where is the city on the hill?
I seem forever on the brink
Of finding it; some day I will—
That hill is in my heart, I think.



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X